

Task-Based Activity: Complete a Health History Form

Laubach Connection: Laubach Way to Reading (LWR) Book 4, Lesson 19

OALCF Link

Relevant Goal Paths

Apprenticeship, Employment, Independence, Postsecondary, Secondary School Credit

Rationale: Learners on all of the goal paths will need to fill out forms with personal information for a variety of different reasons.

Task-Based Activity Description: The learner will complete a health history form.

Competency, Task Group and Level Indicators

(See Assessment page for performance descriptors)

B: Communicate Ideas and Information

B3: Complete and create documents

- **B3.2a:** Use layout to determine where to make entries in simple documents

Materials Required

- Pen or pencil and eraser
- Question sheets

Overview

Activity Introduction

This task uses a health history form that you might complete when you go to visit a doctor.

In lesson nineteen, having a physical exam with a doctor is introduced. Discuss with the learner if they currently have a family doctor. Discuss the importance of regular check-ups.

New words

Determine any new words that you think are being introduced in the activity and review those words with the learner.

Instructions

Have the learner fill in their name and the date. Have the learner complete the pre self-assessment. Have the learner complete the form as fully as possible. They may need to gather additional information to complete the form. Due to the personal nature of this task-based activity you should always make sure the learner is comfortable doing it. When they have finished the activity they should complete the post self-assessment. After the learner has completed the task-based activity, complete the assessment section and review the results with the learner.

Extension activities

- The BLEST Practitioner Guide and Learner Activities Booklet contain a module related to understanding health care. This activity is taken from that module. There are several other activities that may be of interest to the learner. It can be downloaded from the LLO website at <http://www.laubach-on.ca/bookstore/llo-publications>

Task-Based Activity: Complete a Health History Form

Learner Name: _____ Date: _____

Pre self-assessment

I need to improve my skills at completing forms:

- ☐ Yes
- ☐ No

Activity

1. When you go to a doctor's office, they may ask you to complete a health history form when you arrive. Complete the health history form on the next page.

Health History Form

FYI: an accurate health history ensures that you receive proper medical care. All information gathered on this form is confidential. Your written authorization is legally required before any of this information can be released.

Personal Information

Name: _____ Date: _____ Email: _____

Address: _____ City: _____ Postal Code: _____

Home Phone: (____) ____ - _____ Work Phone: (____) ____ - _____ Cell Phone: (____) ____ - _____

Date of Birth: _____ Height: _____ Weight: _____

Health Card Number _____ Occupation: _____

List all medicines that you are currently taking (include medicines such as prescribed drugs, over-the-counter drugs, vitamins, and inhalers):

Name of Drug	Strength	Frequency Taken	Date Started

Are you allergic to any medications? ☐Yes ☐No If yes, which ones? _____

Previous Major Illnesses, Operations: _____

Other Medical Conditions (e.g. hemophilia, diabetes): _____

Lifestyle Questions

Regular Eating Habits? ☐Yes ☐No

Do you take vitamins? ☐Yes ☐No

Type: _____

Frequency: _____

Do you smoke? ☐Yes ☐No

Do you suffer from stress? ☐Yes ☐No

Regular Exercise ☐Yes ☐No

Type: _____

Frequency: _____

Energy Level: ☐High ☐Average ☐Low

Family Medical History

Family Member	Medical Problem	Age Diagnosed	Age at Death

Post self-assessment

I think my skills have improved as a result of completing this activity.

☐ Yes

☐ No

Learner comments:

Assessment

Task-Based Activity: Complete a Health History Form

Learner Name: _____ Date: _____

Practitioner Name: _____

Performance Descriptors	Needs Work	Improving	Excellent
B3.2a: Use layout to determine where to make entries in simple documents <ul style="list-style-type: none">• uses layout to determine where to make entries• begins to make some inferences to decide what information is needed, where and how to enter the information• makes entries using a limited range of vocabulary• follows instructions on documents			

The learner needs to work on the following:

This task was successfully completed

This task needs to be tried again

Practitioner Comments:

Learner Comments: