

## Task-Based Activity: Read a recipe with fish and olive oil

**Laubach Connection:** Laubach Way to Reading (LWR) Book 1, Lesson 10

### OALCF Link

#### Relevant Goal Paths

Employment, Independence

**Rationale:** Learners on the Employment and Independence Paths may need to read a recipe for a variety of different reasons.

**Task-Based Activity Description:** The learner will read a brief text (preparation instructions) to locate details and interpret a very simple document (ingredients list) to locate details.

### OALCF Competency, Task Group and Level Indicator (See Assessment page for performance descriptors)

#### A: Find and Use Information

A1: Read continuous text

- A1.1: Read brief texts to locate specific details

#### A: Find and Use Information

A2: Interpret documents

- A2.1 Interpret very simple documents to locate specific details

#### C: Understand and Use Numbers

C3: Use Measures

- C3.1 Measure and make simple comparisons and calculations

#### Materials Required

- Pen or pencil and eraser
- Questions sheet with recipe

## Overview

### Activity Introduction

This task-based activity uses a recipe to prepare fish. Lesson 10 is about a fishing trip. Discuss with the learner whether they have ever been fishing. Ask the learner if they have ever eaten or cooked fresh fish.

### New words

Review the new words that are being introduced. Explain the meanings of the words to the learner. Not all new words are in the new word list. Measurement terms are also introduced in this activity. Review the measurement terms with the learners and explain the meanings. You may need to review additional words as the learner works through the activity.

### Instructions

Have the learner fill in their name and the date. Have the learner complete the pre self-assessment. Have the learner review the recipe and answer the questions that follow. After the learner has completed the task-based activity complete the assessment section and review the results with the learner.

### Extension activities

- If you have facilities, actually cook.
- Have the learner bring in recipes from home that they are interested in and are having difficulty understanding.

## Task-Based Activity: Read a recipe with fish and olive oil

Learner Name: \_\_\_\_\_ Date: \_\_\_\_\_

### Pre self-assessment

I need to improve my skills at reading recipes:

Yes

No

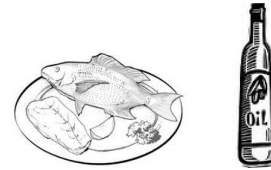
### New Words

caper	minced	recipe
fillet	opaque	salt
flake	oil	season
fresh	oregano	skin
ingredients	pickerel	watercress
lemon	preparation	wedge

### New Measurements

bunch	tbsp	ml
cup	tsp	kg

## Recipe: Fresh Fish and Olive Oil



### Ingredients

- 1/3 cup (75 mL) extra virgin olive oil
- 3 lb (1.4 kg) pickerel fillets, skin on
- 1 tbsp (15 mL) minced fresh oregano
- 1 tsp (5 mL) sea salt
- 2 tbsp (30 mL) capers
- 1 lemon, cut into wedges
- 1 bunch watercress

### Preparation

Remove half of the oil and set aside. Brush remaining oil over both sides of fish fillets. Season tops with oregano, salt and pepper. Place, skin side down, on greased grill over medium heat; close lid and grill, without turning, until fish is opaque and flakes easily when tested, about 10 minutes. Transfer to warmed platter. Drizzle with reserved oil; sprinkle with capers. Surround with lemon and watercress.

*Source: Canadian Living Magazine: August 2006; Get Grilling: Summer 2007*

Answer the following questions:

1. How much olive oil does this recipe use?
2. How many lemons do you need to make this recipe?
3. What seasonings do you use in this recipe?
4. What type of fish is used in this recipe?

### **Post self-assessment**

I think my skills have improved as a result of completing this activity.

Yes

No

Learner comments:

## Assessment

### Task-Based Activity: Read a recipe with fish and olive oil

Learner Name: \_\_\_\_\_ Date: \_\_\_\_\_

Practitioner Name: \_\_\_\_\_

Performance Descriptors	Needs Work	Improving	Excellent
<p>A1:</p> <ul style="list-style-type: none"><li>reads short texts to locate a single piece of information</li><li>decodes words and makes meaning of sentences in a single text</li><li>follow simple, straightforward instructional texts</li></ul> <p>A2:</p> <ul style="list-style-type: none"><li>scans to locate specific details</li><li>interprets brief text and common symbols</li><li>locates specific details in simple documents, such as labels and signs</li></ul> <p>C3:</p> <ul style="list-style-type: none"><li>recognizes values in number and word format</li><li>measures distance, length, width, height, weight, liquid volume, angles and temperature</li></ul>			

The learner needs to work on the following:

This task was successfully completed

This task needs to be tried again

Practitioner Comments:

Learner Comments: