

Task-Based Activity: Read a recipe with fish and olive oil

Learner Name: _____

Date: _____

Pre self-assessment

I need to improve my skills at reading recipes:

Yes

No

New Words

caper	minced	recipe
fillet	opaque	salt
flake	oil	season
fresh	oregano	skin
ingredients	pickerel	watercress
lemon	preparation	wedge

New Measurements

bunch	tbsp	ml
cup	tsp	kg

Recipe: Fresh Fish and Olive Oil



Ingredients

- 1/3 cup (75 mL) extra virgin olive oil
- 3 lb (1.4 kg) pickerel fillets, skin on
- 1 tbsp (15 mL) minced fresh oregano
- 1 tsp (5 mL) sea salt
- 2 tbsp (30 mL) capers
- 1 lemon, cut into wedges
- 1 bunch watercress

Preparation

Remove half of the oil and set aside. Brush remaining oil over both sides of fish fillets. Season tops with oregano, salt and pepper. Place, skin side down, on greased grill over medium heat; close lid and grill, without turning, until fish is opaque and flakes easily when tested, about 10 minutes. Transfer to warmed platter. Drizzle with reserved oil; sprinkle with capers. Surround with lemon and watercress.

Source: Canadian Living Magazine: August 2006; Get Grilling: Summer 2007

Answer the following questions:

1. How much olive oil does this recipe use?
2. How many lemons do you need to make this recipe?
3. What seasonings do you use in this recipe?
4. What type of fish is used in this recipe?

Post self-assessment

I think my skills have improved as a result of completing this activity.

Yes

No

Learner comments:

Assessment

Task-Based Activity: Read a recipe with fish and olive oil

Learner Name: _____ Date: _____

Practitioner Name: _____

Performance Descriptors	Needs Work	Improving	Excellent
<p>A1:</p> <ul style="list-style-type: none">reads short texts to locate a single piece of informationdecodes words and makes meaning of sentences in a single textfollow simple, straightforward instructional texts <p>A2:</p> <ul style="list-style-type: none">scans to locate specific detailsinterprets brief text and common symbolslocates specific details in simple documents, such as labels and signs <p>C3:</p> <ul style="list-style-type: none">recognizes values in number and word formatmeasures distance, length, width, height, weight, liquid volume, angles and temperature			

The learner needs to work on the following:

This task was successfully completed

This task needs to be tried again

Practitioner Comments:

Learner Comments: