

## Task-Based Activity: Read a flyer about eggs

Learner Name: \_\_\_\_\_ Date: \_\_\_\_\_

### Pre self-assessment

I need to improve my skills at reading flyers:

Yes

No

### New Words

bacteria	Federal	refrigerated
before	grade	regulation
best	grocery	shelf
carton	moisture	shell
cracked	quality	spoil

## Canadian EGGS- Crack one today!

### What does the "Best Before" date mean?



When buying eggs you should check the "Best Before" date on the carton. A "Best Before" date is required by Federal regulation if the shelf life of a food is less than 90 days. The date tells the time until the eggs will maintain Grade A quality, if stored properly. It is normally 28 to 35 days from the date of packing.

### Why do eggs spoil?

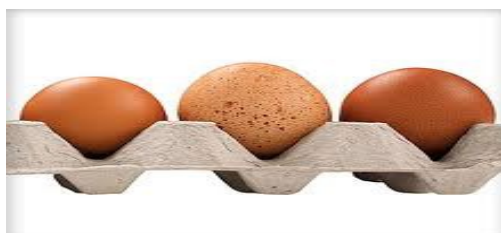


The egg shell is porous so that air, moisture and bacteria can pass through the egg shell. Over time the egg loses moisture and the air cell becomes larger. If the shell is dirty or cracked then bacteria on the outside of the egg can slowly pass through the egg and cause it to spoil. Eggs should always be kept refrigerated to prevent any bacteria from growing.

### How do I choose high-quality eggs?



To ensure top quality, buy only Canada Grade A eggs that have been kept refrigerated and check that the shells are clean and not cracked. All eggs sold in Canadian grocery stores are Grade A eggs. Look for a maple leaf on the carton. Grade A eggs must have a clean shell, be free of cracks and be normal in shape.



**Remember: The "Best Before" date on the carton can help you determine the freshness of your eggs.**

Source: Adapted from <http://www.eggs.ca/faq/egg-handling>

**Answer the following questions:**

1. How do you know if eggs are fresh?
2. What grade of eggs do Canadian grocery stores sell?
3. What is the average shelf life (in days) of an egg.
4. What can cause an egg to spoil?

**Post self-assessment**

I think my skills have improved as a result of completing this activity.

Yes

No

Learner comments:

## Assessment

### Task-Based Activity: Read a flyer about eggs

Learner Name: \_\_\_\_\_ Date: \_\_\_\_\_

Practitioner Name: \_\_\_\_\_

Performance Descriptors	Needs Work	Improving	Excellent
A1: <ul style="list-style-type: none"><li>scans text to locate information</li><li>locates multiple pieces of information in simple texts</li><li>makes low-level inferences</li><li>makes connections between sentences and between paragraphs in a single text</li><li>follows the main events of descriptive, narrative and informational texts</li></ul>			

The learner needs to work on the following:

This task was successfully completed

This task needs to be tried again

Practitioner Comments:

Learner Comments: