**Working on My Own Series Practitioner Overview**

**Developed by Laubach Literacy Ontario**

**Module Title: Personal Learning Styles and Goal Setting**

This module includes Power Points, Learner Workbooks with slides and activities for each session, as well as a draft Learner Plan Template outlining suggested milestones from the Ontario Adult Literacy Curriculum Framework and a sampling of the activities. The milestones that have been suggested are Level 1 or 2.

Learners with basic literacy skills will need support as they work through the module. Activities may need to be modified to accommodate the ability and needs of the learners you are working with. The files have been provided to you as Word or PowerPoint documents so you can make modifications as necessary. The module was developed to be delivered one-on-one or in a small group setting. The module incorporates self- assessment opportunities, individual activities and activities to build relationships and soft skills. Although milestones have been suggested, practitioners may find that there are other milestones they want to incorporate or substitute as well. Learners will need to have access to a computer with an Internet connection to complete some of the activities. Many activities encourage group work.

**Number of Sessions:** 4 sessions

**Suggested time for each session:** 3-4 hours

**Session Titles in the Personal Learning Style and Goal Setting Module**

1. Personal Learning Styles
2. Multiple Intelligences
3. Introduction to Goal Setting
4. Goal Setting (2)

**Suggested Milestones**

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| --- | --- | --- | --- |
| **#** | **Indicator** | **Milestone Description** | **Goal Paths** |
| 57 | E.1 | Identify ways you have begun to demonstrate that you can set realistic short-term goals, use learning strategies, and monitor your own learning. | EASPI |
| 58 | E.2 | Identify ways you have demonstrated that you can set realistic short- and long-term goals, have begun to use a variety of learning strategies and monitor and evaluate your own learning. | EASPI |

You may want to partner this module with other modules from the *Working on My Own* series. All modules in the series focus on different aspects of soft skills. Each module has several sessions which you can also mix and match to develop your own workshop according to the needs of the learners.



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